

Food design Challenge

Brilliant breakfast

You will design three possible breakfast options and then choose one to be prepared in a safe and hygienic manner.

You are required to submit a completed booklet of your design process along with a photograph of your completed breakfast item.

Design brief

You are required to use the design processes to create your own healthy breakfast item. The breakfast must be quick and easy to prepare, contain three seasonal ingredients and include foods from at least four of the five food groups. Your breakfast must look appealing and taste delicious.

If you need help with this idea see:

A Food Technology teacher

